

Contract for Group Clinical Supervision

Introduction

This document is intended to establish parameters of supervision and provide clarity in supervisor and supervisee responsibilities.

Definition: Supervision is the relationship between supervisor and supervisee that promotes the development of responsibility, skill, knowledge, attitudes, and ethical standards in the practice of clinical psychological work. The priority in the supervision process is to protect clients' welfare.

Supervisory Context and Goals

During group supervision, supervisees will (a) provide information on imminent needs (check-in), (b) take turns presenting cases, (c) process ethical dilemmas, and (d) present on relevant topics. Group supervision takes advantage of the fact that there are many skilled clinicians who can contribute to the supervisee's professional development. The supervisor balances the establishment of a safe place in which the supervisee can discuss mistakes with the need to direct the supervisee's work to ensure quality service.

Format and Schedule

Supervision group will meet once per month, generally on the 2nd Monday of the month, from 4:30-6:00 pm. This time frame will provide 2 hours of supervision (two 45-minute sessions) for each supervisee. The time will be divided into a time of training and a case presentation, both presented by group members.

Supervisor Responsibilities

1. Facilitates the meeting and group process.
2. Assists supervisees in developing clinical assessment and treatment skills.
3. Encourages professional development.
4. Addresses ethical dilemmas.
5. Maintains an active file of on-going clinical supervision.
6. Identifies practices posing danger to the health and/or welfare of the supervisee's clients and/or the public. This includes, if necessary, inability to practice with skill and safety due to illness, excessive use of alcohol, drugs, narcotics, chemicals, or any other substances, or as a result of any mental or physical condition. The supervisor has the authority to enforce recommendations, and can perform actions to ensure the safety of the public, including reporting to the regulatory body, and refusing recommendation for licensing.

Supervisee Responsibilities

1. Upholds and adheres to ACA Code of Ethics and will review it once each year.
2. Prepares for supervision by identifying current needs as well as presenting cases, ethical dilemmas, and/or didactics.
3. Is open to discussion of personal factors that may impact clinical work.
4. Informs all clients of supervision.
5. Attends supervision as scheduled, arriving on time.
6. Maintains documentation of supervision hours.
7. Maintains a relationship with an individual supervisor for the purpose of more thorough case review. As a group supervisor, Dr. Johnson will not hold liability for your work with your clients.

Confidentiality

Group supervisees and the supervisor will hold all information about clients as strictly confidential. Although only the information relating to the client is confidential in supervision, it is important that confidentiality be maintained among group members. This means you may not write about or share any information disclosed in the group supervision sessions. Ethical violations, legal violations, as well as intent to harm self and/or others will be reported.

My signature below indicates that I have read and understand this contract and agree to its terms.

Supervisee

Date

Veronica Johnson, PsyD
Licensed Psychologist & Supervisor

Date