

Contract for Clinical Supervision

This document is intended to establish parameters of supervision and to provide clarity in supervisor and supervisee responsibilities.

The purpose of supervision is to promote the development of responsibility, skill, knowledge, attitudes, and ethical standards in the practice of mental health care. **The priority in supervision is accountability for client care within the parameters and ethical standards of the mental health care profession.**

Format

Supervisee will present case material, receive feedback from the supervisor, mutually analyze material presented, and demonstrate skill. The supervisor may obtain information on the supervisee's performance by verbal report, observation (being physically present in a session), role-play, review of audiotapes, and/or review of written case records. The supervisor balances the establishment of a safe place in which the supervisee can discuss mistakes with the need to direct the supervisee's work to ensure quality service.

Supervisor Responsibilities

1. Develop the supervisory relationship and establish its emotional tone.
2. Oversee and monitor client assessment, case conceptualization, and treatment planning.
3. Review therapeutic techniques and explore treatment options.
4. Challenge and problem-solve with supervisee.
5. Address dilemmas created by conflicting demands.
6. Periodic review of documentation for the purpose of training and quality improvement.
7. Maintain an active file of on-going clinical supervision.
8. Provide periodic evaluation of supervisee, identifying strengths and limitations.
9. Introduce and model use of personal factors such as belief structures, worldview, values, culture, transference, countertransference, and parallel process in therapy and supervision.
10. Identify and address strains or ruptures in the supervisory relationship.
11. Identify practices posing danger to the health and/or welfare of the supervisee's clients and/or the public. This includes, if necessary, inability to practice with skill and safety due to illness, excessive use of alcohol, drugs, narcotics, chemicals, or any other substances, or as a result of any mental or physical condition.

Supervisee Responsibilities

1. Upholds and adheres to ACA Code of Ethics and will review the document twice a year. Specifically agrees to not engage in sexual activity with clients.
2. Develops goals to achieve in supervision to attain specific competencies.
3. Prepares for supervision by identifying specific issues where more guidance is needed.
4. Brings to supervision a completed Supervision Tracking Form with updates on all clients seen since the previous supervision session.
5. Brings to supervision personal factors and is open to discussion of these.

6. Identifies strengths and weaknesses in therapeutic interactions, case management, crisis intervention, documentation, and program development.
7. Understands the liability (direct and vicarious) of the supervisor with respect to supervisee practice and behavior.
8. Reviews any audio/videotapes, and cues them up for viewing *before* supervision.
9. Inform all clients of supervision (can be done in the *Disclosure Statement*).
10. Attend supervision as scheduled, arriving on time, and notifying the supervisor at least 24 hours in advance of absences. If 24-hour notice is not given, the supervisee is responsible to pay the cancellation fee.
11. Maintain documentation of supervision, including number of therapy hours provided weekly to clients and number of supervisory hours per week (or month).
12. Consult with supervisor in cases of emergency, when possible.

Accountability

The supervisor has the authority to enforce recommendations, and can perform actions to ensure the safety of the public, including reporting to the regulatory body, and refusing recommendation for licensing. Although only the information relating to the client is strictly confidential in supervision, the supervisor will treat supervisee disclosures with discretion.

Feedback will be provided regularly. The supervisor will provide an evaluation twice a year, outlining the strengths and/or weaknesses of the supervisee. The report will be discussed with the supervisee and maintained by the supervisor.

In the event of a conflict between the supervisor and the supervisee, the supervisor will obtain consultation. The supervisee may contact the State Board of LPC Examiners for consultation in the event that s/he believes the supervisor is professionally impaired or has violated ethical guidelines. Their number is 303-894-7800.

About Dr. Johnson

Veronica Johnson obtained her doctoral degree in Clinical Psychology from Regent University in 2012 and her Masters degree in Professional and Biblical Counseling from Colorado Christian University in 2001. Veronica is a Licensed Psychologist in the state of Colorado (#4214). The supervisee may contact the supervisor at 720-935-2663 x101.

Supervision will be provided individually on a weekly basis unless otherwise determined (e.g. due to three or fewer clients per week). If supervision is not attended in a period of three months, the supervisory relationship is considered terminated.

My signature below indicates that I have read and understand this contract and agree to its terms.

Supervisee

Date

Veronica Johnson, PsyD
Licensed Psychologist & Supervisor

Date